

Sports Formation Tendency Among Minorities in Western China

Wan Jian-zhong

Sports is part of human nature. Humans, by nature, have the instinct to engage in sports competition for entertainment. The living environment defines the occurrence and development of sports among the minorities in western China. Its influence is basic in the process of their formation, although other social factors have gradually come into play. For all ethnic groups in the western regions, many sports were originally part of religious rituals. However, they gradually became separated from ritual ceremonies and evolved into pure entertainment forms. With the development of the socialist market economy, especially after the start of China Western Development, the promotion of tourism has linked sports, local festivals, natural scenery, and other cultural tourism resources in the development efforts. Tourism with emphasis on ethnic sports and entertainment has become a major focus of industrial development, and this has, in turn, become the natural direction of the development of ethnic sports and culture.